



SCRUBS & HEELS LEADERSHIP SUMMIT

APRIL
16TH - 18TH | 2027

**EDEN ROC
MIAMI BEACH - FL**

THE **3C'S** TO YOUR SUCCESS STORY

CLARITY • CREATIVITY • COMMUNITY

#MyLifeMyStory #OurSuccessStory #ClarityCreativityCommunity

CO-CHAIRS



DR. MARIAM NAVEED



DR. RINA SANGHAVI

2027 LEADERSHIP OBJECTIVES AND FORMAT



**TAKE BACK
THE PEN
OF YOUR JOURNEY,
DEFINE SUCCESS
ON YOUR
TERMS AND AUTHOR
YOUR NEXT
CHAPTER**



**AUDIENCE:
WOMEN PHYSICIANS,
CLINICIANS
AND ALLIES
ACROSS PRACTICE
SETTING
AND CAREER
STAGES**



**FORMAT:
SUMMIT WITH LECTURES,
WORKSHOPS,
REFLECTION EXERCISES,
PEER DISCUSSIONS,
PRACTICAL TOOLS
AND ACTIONABLE
TAKEAWAYS**

Schedule

SCRUBS & HEELS LEADERSHIP SUMMIT 2027



DAY 1

FRIDAY APRIL 16TH, 2027

**8:00 AM
4:30 PM**

REGISTRATION AND CHECK-IN (Eden Roc I-C)

Get your Scrubs & Heels merch, your leadership book, and more goodies and shop for a cause with **Worldclass Apparel!**

EXHIBIT HALL COMPLETE THE S&H PASSPORT

**1:00 PM
4:00 PM**

SHARED LEARNING:

MEDICAL EDUCATION AND THE 3C's OF PROFESSIONAL DEVELOPMENT

Two concurrent sessions at 1:00 - 1:40 PM and at 1:45 - 2:25 PM

(Professional development topics geared towards practicing clinicians (Room A), and Medical Education geared toward trainees and very early career clinicians (Room B))

**1:00 PM
1:40 PM**

A- IT DOESN'T HAVE TO BE INFLAMMATORY

MEDICAL EDUCATION: Update on IBD Clinical trials: what's new and upcoming

PROFESSIONAL DEVELOPMENT PANEL: Get Creative and foster positive collaboration with industry: from research to ad board to industry roles

B- FOLLOW THAT GUT FEELING

MEDICAL EDUCATION: Update on gastroparesis

PROFESSIONAL DEVELOPMENT TALK: Get clarity on what to look for in a fellowship program and/or in your first job in private practice, academia or other models

**1:45 PM
2:25 PM**

A- DON'T LET THAT BILE RISE

MEDICAL EDUCATION: Advances in liver diseases

PROFESSIONAL DEVELOPMENT TALK: The art of mastering difficult conversations with clarity and calm

B- GET THAT LUMP OFF YOUR CHEST

MEDICAL EDUCATION: Update on the management of EoE

PROFESSIONAL DEVELOPMENT TALK: Telling a compelling story: from introducing yourself to giving a talk: the do's and don'ts

**2:25 PM
2:50 PM**

EXHIBIT HALL VISIT COMPLETE THE S&H PASSPORT

**2:50 PM
3:30 PM**

WORKSHOP #1

GENERAL SESSION: INTERACTIVE WORKSHOP *with our Guest Speaker*

- 1- Identify three inherited beliefs or internal narratives that no longer serve you
- 2- The Clarity audit : define your own success metrics, values ranking, 5-year vision
- 3- Write your personal success statement

**4:00 PM
4:30 PM**

EXHIBIT HALL VISIT COMPLETE THE S&H PASSPORT

**4:00 PM
4:30 PM**

PROFESSIONAL DEVELOPMENT SESSIONS TO DESIGN AND WRITE YOUR STORY

(complimentary, pre-registration required at time of online registration)

A- Clear mind, focused mind: Yoga on the lawn

B- Create the style for the future you envision, with a Designer and Executive Stylist

C- Connect with the executive coach community: reframing technique to address Imposter feelings and build a growth-oriented mindset

Schedule

SCRUBS & HEELS LEADERSHIP SUMMIT 2027



6:00 PM
8:00 PM

WELCOME RECEPTION

6:30 PM

WELCOME NOTE

7:00 PM

KEYNOTE SPEAKER

7:30 PM

BOOK SIGNING

DAY 2

SATURDAY APRIL 17TH, 2027

6:30 AM
7:00 AM

COMPLIMENTARY FITNESS CLASS: YOGA ON THE LAWN OR BEACH

(no pre-registration required)

7:00 AM
8:15 AM

BREAKFAST AND EXHIBIT HALL VISIT COMPLETE THE S&H PASSPORT

SCRUBS & HEELS LEADERSHIP SUMMIT 2027

8:15 AM
8:30 AM

WELCOME AND INTRODUCTIONS

DR. ALINE CHARABATY and DR. LINDA NGUYEN

SESSION I:

GET CLARITY ON WHO YOU ARE AS AN AUTHOR AND THE STORY YOU WANT TO WRITE

MODERATOR: DR. MARIAM NAVEED

8:30 AM
8:50 AM

Who is writing your story? Take the pen back and define your success metrics, the chapters of your story(ies) and your timeline

8:50 AM
9:10 AM

When Clarity is missing in action:

The Cost of an Unclear Yes, a misplaced No and the desire to please

9:10 AM
9:30 AM

Close the deal!

Practice clarity in negotiation and in executive presence

9:30 AM
10:00 AM

Q&A PANEL DISCUSSION:

Ask the experts:

What to say when you are in the hot seat

10:15 AM
10:30 AM

BREAK AND EXHIBIT HALL VISIT COMPLETE THE S&H PASSPORT

SESSION II:

CHANNEL YOUR CREATIVITY TO DESIGN A CAREER WITH INTENTION AND EXPAND THE REACH OF YOUR STORY

MODERATOR: DR. RINA SANGHAVI

10:35 AM
10:55 AM

From expertise to professional branding:

Creating strategic visibility and opportunities for professional impact

10:55 AM
11:15 AM

The Linear Career Myth:

Why it Doesn't serve women, and how reinvention and diversification do

11:15 AM
11:35 AM

Women-Entrepreneurships:

From Mission Statement to SWOT Analysis to Reality

11:35 AM
11:55 AM

Q&A PANEL DISCUSSION:

When clarity meets creativity:

Women who wrote or re-wrote their story: lessons learned from challenges and successes

Schedule

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11:55 AM
12:20 PM

WORKSHOP #2

SIMULTANEOUS SESSIONS FOR TRAINEES AND PRACTICING CLINICIANS

- **TRAINEES AND FELLOWS:** Mastering the skills for the fellowship and first job interview
Led by SNH ambassadors, fellowship directors, managing partners and division chiefs
- **PRACTICING CLINICIANS:** The 4 Questions to Ask Before Your Next Move

12:20 PM
1:15 PM

LUNCH AND EXHIBIT HALL VISIT COMPLETE THE S&H PASSPORT

SESSION III:

BEHIND THE SPOTLIGHT: WHEN CLARITY IS DIMMED BY LIFE EVENTS

MODERATORS: DR. ALINE CHARABATY and DR. LINDA NGUYEN

Managing uncertainty during major life and career changes

1:20 PM
1:40 PM

1:40 PM
2:10 PM

Q&A PANEL DISCUSSION:

All That Glitters isn't Gold:

When clarity and creativity come from the chapter you didn't plan for

2:10 PM
2:15 PM

BREAK THE GLASS CEILING AWARD ANNOUNCEMENT

2:15 PM
2:35 PM

BREAK THE GLASS CEILING AWARD RECIPIENT TALK

2:40 PM
3:10 PM

FIRESIDE CHAT:

**WOMEN'S HEALTH SESSION: TAKING CONTROL WHEN "IT'S ALL IN OUR HEAD":
MENTAL AND PHYSICAL WELLNESS AND CLARITY FOR PROFESSIONAL SUCCESS**

6:00 PM
11:00 PM

SCRUBS & HEELS LEADERSHIP DINNER

DAY 3

SUNDAY APRIL 18TH, 2027

7:00 AM
8:15 AM

BREAKFAST

8:15 AM
8:20 AM

CLOSING REMARKS & SAVE THE DATE 2028

DR. ALINE CHARABATY and DR. LINDA NGUYEN

SESSION IV:

BEYOND THE MAIN CHARACTER: LEVERAGE YOUR COMMUNITY TO ELEVATE AND AMPLIFY YOUR STORY

MODERATORS: DR. ALINE CHARABATY and DR. LINDA NGUYEN

8:20 AM
8:40 AM

No one builds a success story alone:

8:40 AM
9:00 AM

Developing your personal board of directors

9:00 AM
9:30 AM

The courage to want more, together. Matrix mentorship alumni

Q&A PANEL DISCUSSION:

Developing the characters of your story:

Nurturing partnership with different stakeholders

9:40 AM
11:20 AM

BREAKOUT SESSIONS (30mins each session, faculty rotate rooms)

A- THE FINANCIAL CLARITY AUDIT: "What am I optimizing for" exercise

B- NEGOTIATE LIVE: Get Clear and Creative to get a "yes"

C- THE FIVE-MINUTE PITCH LAB: Communicate with clarity to leverage your community

11:30 AM

ADJOURN