SCRUBS & HEELS

# SCRUBS & HEELS LEADERSHIP SUMMIT

## APRIL 16TH - 18TH 2027

EDEN ROC
MIAMI BEACH - FL

## THE 3C'S TO YOUR SUCCESS STORY

## CLARITY • CREATIVITY • COMMUNITY

#MyLifeMyStory #OurSuccessStory #ClarityCreativityCommunity

## CO-CHAIRS



DR. MARIAM NAVEED



DR. RINA SANGHAVI

## 2027 LEADERSHIP OBJECTIVES AND FORMAT



TAKE BACK THE PEN OF YOUR JOURNEY, DEFINE SUCCESS ON YOUR TERMS AND AUTHOR YOUR NEXT CHAPTER



**AUDIENCE:**
WOMEN PHYSICIANS, CLINICIANS AND ALLIES ACROSS PRACTICE SETTING AND CAREER STAGES



**FORMAT:**
SUMMIT WITH LECTURES, WORKSHOPS, REFLECTION EXERCISES, PEER DISCUSSIONS, PRACTICAL TOOLS AND ACTIONABLE TAKEAWAYS

# Schedule
SCRUBS & HEELS LEADERSHIP SUMMIT 2027

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## DAY 1 — FRIDAY APRIL 16TH, 2027

**8:00 AM – 4:30 PM** — **REGISTRATION AND CHECK-IN (Eden Roc I-C)**
Get your Scrubs & Heels merch, your leadership book, and more goodies and shop for a cause with **Worldcl*ss Apparel**!

**EXHIBIT HALL** **COMPLETE THE S&H PASSPORT**

**1:00 PM – 4:00 PM** — **SHARED LEARNING:**
**MEDICAL EDUCATION AND THE 3C's OF PROFESSIONAL DEVELOPMENT**
Two concurrent sessions at 1:00 - 1:40 PM and at 1:45 - 2:25 PM
*(Professional development topics geared towards practicing clinicians (Room A), and Medical Education geared toward trainees and very early career clinicians (Room B)*

**1:00 PM – 1:40 PM**

**A- IT DOESN'T HAVE TO BE INFLAMMATORY**
**MEDICAL EDUCATION:** Update on IBD Clinical trials: what's new and upcoming
**PROFESSIONAL DEVELOPMENT PANEL:** Get Creative and foster positive collaboration with industry: from research to ad board to industry roles

**B- FOLLOW THAT GUT FEELING**
**MEDICAL EDUCATION:** Update on gastroparesis
**PROFESSIONAL DEVELOPMENT TALK:** Get clarity on what to look for in a fellowship program and/or in your first job in private practice, academia or other models

**1:45 PM – 2:25 PM**

**A- DON'T LET THAT BILE RISE**
**MEDICAL EDUCATION:** Advances in liver diseases
**PROFESSIONAL DEVELOPMENT TALK:** The art of mastering difficult conversations with clarity and calm

**B- GET THAT LUMP OFF YOUR CHEST**
**MEDICAL EDUCATION:** Update on the management of EoE
**PROFESSIONAL DEVELOPMENT TALK:** Telling a compelling story: from introducing yourself to giving a talk: the do's and don'ts

**2:25 PM – 2:50 PM** — **EXHIBIT HALL VISIT** **COMPLETE THE S&H PASSPORT**

**2:50 PM – 3:30 PM** — **WORKSHOP #1**
**GENERAL SESSION: INTERACTIVE WORKSHOP** *with our Guest Speaker*
1- Identify three inherited beliefs or internal narratives that no longer serve you
2- The Clarity audit : define your own success metrics, values ranking, 5-year vision
3- Write your personal success statement

**4:00 PM – 4:30 PM** — **EXHIBIT HALL VISIT** **COMPLETE THE S&H PASSPORT**

**4:00 PM – 4:30 PM** — **PROFESSIONAL DEVELOPMENT SESSIONS TO DESIGN AND WRITE YOUR STORY**
*(complimentary, pre-registration required at time of online registration)*
A- Clear mind, focused mind: Yoga on the lawn
B- Create the style for the future you envision, with a *Designer and Executive Stylist*
C- Connect with the executive coach community: reframing technique to address Imposter feelings and build a growth-oriented mindset
D- Navigating social media and content partnership with Forus

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6:00 PM – 8:00 PM **WELCOME RECEPTION**

6:30 PM **WELCOME NOTE**

7:00 PM **KEYNOTE SPEAKER**

7:30 PM **BOOK SIGNING**

## DAY 2 SATURDAY APRIL 17TH, 2027

6:30 AM – 7:00 AM **COMPLIMENTARY FITNESS CLASS: YOGA ON THE LAWN OR BEACH**
*(no pre-registration required)*

7:00 AM – 8:15 AM **BREAKFAST AND EXHIBIT HALL VISIT** COMPLETE THE S&H PASSPORT

**SCRUBS & HEELS LEADERSHIP SUMMIT 2027**

8:15 AM – 8:30 AM **WELCOME AND INTRODUCTIONS**
**DR. ALINE CHARABATY** and **DR. LINDA NGUYEN**

**SESSION I:**
**GET CLARITY ON WHO YOU ARE AS AN AUTHOR AND THE STORY YOU WANT TO WRITE**
**MODERATOR: DR. MARIAM NAVEED**

8:30 AM – 8:50 AM Who is writing your story? Take the pen back and define your success metrics, the chapters of your story(ies) and your timeline

8:50 AM – 9:10 AM When Clarity is missing in action:
The Cost of an Unclear Yes, a misplaced No and the desire to please

9:10 AM – 9:30 AM Close the deal!
Practice clarity in negotiation and in executive presence

9:30 AM – 10:00 AM **Q&A PANEL DISCUSSION:**
Ask the experts:
What to say when you are in the hot seat

10:15 AM – 10:30 AM **BREAK AND EXHIBIT HALL VISIT** COMPLETE THE S&H PASSPORT

**SESSION II:**
**CHANNEL YOUR CREATIVITY TO DESIGN A CAREER WITH INTENTION AND EXPAND THE REACH OF YOUR STORY**
**MODERATOR: DR. RINA SANGHAVI**

10:35 AM – 10:55 AM From expertise to professional branding:
Creating strategic visibility and opportunities for professional impact

10:55 AM – 11:15 AM The Linear Career Myth:
Why it Doesn't serve women, and how reinvention and diversification do

11:15 AM – 11:35 AM Women-Entrepreneurships:
From Mission Statement to SWOT Analysis to Reality

11:35 AM – 11:55 AM **Q&A PANEL DISCUSSION:**
When clarity meets creativity:
Women who wrote or re-wrote their story: lessons learned from challenges and successes

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**11:55 AM – 12:20 PM** — **WORKSHOP #2**

SIMULTANEOUS SESSIONS FOR TRAINEES AND PRACTICING CLINICIANS

- **TRAINEES AND FELLOWS:** Mastering the skills for the fellowship and first job interview
  Led by SNH ambassadors, fellowship directors, managing partners and division chiefs
- **PRACTICING CLINICIANS:** The 4 Questions to Ask Before Your Next Move

**12:20 PM – 1:15 PM** — **LUNCH AND EXHIBIT HALL VISIT** COMPLETE THE S&H PASSPORT

**SESSION III:**

BEHIND THE SPOTLIGHT: WHEN CLARITY IS DIMMED BY LIFE EVENTS

**MODERATORS: DR. ALINE CHARABATY** and **DR. LINDA NGUYEN**

**1:20 PM – 1:40 PM** — Managing uncertainty during major life and career changes

**1:40 PM – 2:10 PM** — Q&A PANEL DISCUSSION:
All That Glitters isn't Gold:
When clarity and creativity come from the chapter you didn't plan for

**2:10 PM – 2:15 PM** — **BREAK THE GLASS CEILING AWARD ANNOUNCEMENT**

**2:15 PM – 2:35 PM** — BREAK THE GLASS CEILING AWARD RECIPIENT TALK

**2:40 PM – 3:10 PM** — FIRESIDE CHAT:
WOMEN'S HEALTH SESSION: TAKING CONTROL WHEN "IT'S ALL IN OUR HEAD":
MENTAL AND PHYSICAL WELLNESS AND CLARITY FOR PROFESSIONAL SUCCESS

**6:00 PM – 11:00 PM** — **SCRUBS & HEELS LEADERSHIP DINNER**

## DAY 3 SUNDAY APRIL 18TH, 2027

**7:00 AM – 8:15 AM** — **BREAKFAST**

**8:15 AM – 8:20 AM** — CLOSING REMARKS & SAVE THE DATE 2028
**DR. ALINE CHARABATY** and **DR. LINDA NGUYEN**

**SESSION IV:**

BEYOND THE MAIN CHARACTER: LEVERAGE YOUR COMMUNITY TO ELEVATE AND AMPLIFY YOUR STORY

**MODERATORS: DR. ALINE CHARABATY** and **DR. LINDA NGUYEN**

**8:20 AM – 8:40 AM** — No one builds a success story alone:
Developing your personal board of directors

**8:40 AM – 9:00 AM** — The courage to want more, together. Matrix mentorship alumni

**9:00 AM – 9:30 AM** — Q&A PANEL DISCUSSION:
Developing the characters of your story:
Nurturing partnership with different stakeholders

**9:40 AM – 11:20 AM** — BREAKOUT SESSIONS (30mins each session, faculty rotate rooms)

- **A- THE FINANCIAL CLARITY AUDIT:** "What am I optimizing for" exercise
- **B- NEGOTIATE LIVE:** Get Clear and Creative to get a "yes"
- **C- THE FIVE-MINUTE PITCH LAB:** Communicate with clarity to leverage your community

**11:30 AM** — **ADJOURN**